

Webinar

ULI Philadelphia: Stories of Resiliency and Grit

Date: November 01, 2021

00:01:12 --> 00:01:15:

00:00:03 --> 00:00:03: Great 00:00:04 --> 00:00:07: hi everyone, thank you so much for tuning into this 00:00:07 --> 00:00:07: session. 00:00:07 --> 00:00:12: Hosted by ULI Philadelphia and our Women's Leadership initiative and 00:00:12 --> 00:00:15: our panel today on stories of resiliency and grit. 00:00:15 --> 00:00:17: The rebound of the development, 00:00:17 --> 00:00:20: design and construction industry through COVID. 00:00:20 --> 00:00:24: We're really excited to be having this very important conversation 00:00:24 --> 00:00:27: and really taking a step back to support one another 00:00:27 --> 00:00:27: here. 00:00:27 --> 00:00:31: One another and process this time that we've all been 00:00:31 --> 00:00:32: through. 00:00:32 --> 00:00:35: So before we get started. 00:00:35 --> 00:00:36: You can go ahead to the next slide up. 00:00:36 --> 00:00:40: I'm just gonna say words about the Urban Land Institute 00:00:40 --> 00:00:42: for anyone new to us so that you can have 00:00:42 --> 00:00:45: a little bit of context for today's conversation. 00:00:45 --> 00:00:48: So as many of you know you either Urban Land 00:00:48 --> 00:00:52: Institute is a member driven organization and we are also 00:00:52 --> 00:00:56: have a very important mission to shape the future of 00:00:56 --> 00:01:00: the built environment for transformative impact in communities worldwide. 00:01:00 --> 00:01:04: And we do that through several mission commitments that you 00:01:04 --> 00:01:05: can see here. By connecting inspiring and leading UM, 00:01:05 --> 00:01:08: 00:01:08 --> 00:01:12: so importantly, and you can go to the next slide.

We are made up of our Members so we have

| 00:01:15> 00:01:21: | over 45,000 practitioners worldwide representing all disciplines in the field |
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| 00:01:21> 00:01:25: | of real estate planning or development etc. |
| 00:01:25> 00:01:28: | And here in the Philadelphia District Council we have about |
| 00:01:28> 00:01:30: | 900 members in the Philadelphia Metro. |
| 00:01:30> 00:01:32: | The state of Delaware, Southern New Jersey, |
| 00:01:32> 00:01:35: | Bowie High Valley and Central Pennsylvania, |
| 00:01:35> 00:01:37: | and so truly all of our work is driven by |
| 00:01:37> 00:01:41: | our members towards our mission who volunteer time to lead |
| 00:01:41> 00:01:43: | and contribute content to ULI. |
| 00:01:43> 00:01:47: | Philadelphia our members make up about 20 different councils and |
| 00:01:48> 00:01:49: | committees who UM, |
| 00:01:49> 00:01:54: | share educational experiences network, advanced menus dialogue. |
| 00:01:54> 00:01:57: | How seek to have a positive impact on community and |
| 00:01:58> 00:02:00: | put together programming like this. |
| 00:02:00> 00:02:02: | And today of course was put together by our amazing |
| 00:02:02> 00:02:05: | Women's leadership initiative in Philadelphia, |
| 00:02:05> 00:02:08: | which also has a global network so you can go |
| 00:02:08> 00:02:10: | to the next slide. |
| 00:02:10> 00:02:13: | So these are just a couple of examples of the |
| 00:02:13> 00:02:13: | year that. |
| 00:02:13> 00:02:16: | We have been through currently as we're recording this. |
| 00:02:16> 00:02:20: | It's November of 2021, so a couple of key areas |
| 00:02:20> 00:02:22: | that I'll highlight right now, |
| 00:02:22> 00:02:25: | though, I don't want to take time to go through |
| 00:02:25> 00:02:27: | all of the work that we do at ULI Philadelphia. |
| 00:02:27> 00:02:31: | On your screen you can see we just completed another |
| 00:02:31> 00:02:34: | round of urban planning program. |
| 00:02:34> 00:02:40: | We trained two classes of volunteers and then delivered this |
| 00:02:40> 00:02:43: | program to a two groups of community leaders. |
| 00:02:43> 00:02:47: | Through the city. In partnership with the Citizen Planning Institute |
| 00:02:47> 00:02:48: | here in Philadelphia, |
| 00:02:48> 00:02:51: | and these are folks who are either trained through a |
| 00:02:51> 00:02:55: | formal training process or have a leadership role in their |
| 00:02:55> 00:02:56: | community. |
| 00:02:56> 00:02:59: | We also are about to deliver our second program to |
| 00:02:59> 00:03:02: | university students at Penn and our first program to high |
| 00:03:02> 00:03:05: | school students at Girard College, |
| 00:03:05> 00:03:09: | which is actually a high school specifically for students from |
| 00:03:09> 00:03:11: | single parent family households. |

| 00:03:11> 00:03:13: | So for anyone unfamiliar urban plan, |
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| 00:03:13> 00:03:19: | this is a really. Interactive real estate development simulation |
| | course |
| 00:03:19> 00:03:23: | UM that puts folks in fake roles and really engages |
| 00:03:23> 00:03:26: | on what is real estate planning and development. |
| 00:03:26> 00:03:28: | So this is a great program. |
| 00:03:28> 00:03:31: | Work cited foreign are always seeking more partners and more |
| 00:03:31> 00:03:33: | volunteers here in Philadelphia. |
| 00:03:33> 00:03:36: | At the top of your screen you can see one |
| 00:03:36> 00:03:40: | of our technical assistance panel projects in action. |
| 00:03:40> 00:03:43: | This is a program in which ULI leverages the expertise |
| 00:03:43> 00:03:44: | of our volunteer. |
| 00:03:44> 00:03:49: | Members just support nonprofit and public sector projects up and |
| 00:03:49> 00:03:53: | land use challenges and this month we actually launched a |
| 00:03:53> 00:03:54: | new application cycle. |
| 00:03:54> 00:03:56: | So wherever you are, whatever you are watching this, |
| 00:03:56> 00:03:58: | please feel free to reach out to you. |
| 00:03:58> 00:04:01: | Well, I Philadelphia team to learn more about that. |
| 00:04:01> 00:04:04: | If you have colleagues or networks of people seeking kind |
| 00:04:04> 00:04:07: | of a a lower cost and quicker way to deliver |
| 00:04:07> 00:04:11: | to answer a problem and address a number of stakeholders, |
| 00:04:11> 00:04:14: | feel free to contact us and then finally we do |
| 00:04:14> 00:04:15: | of almost. |
| 00:04:15> 00:04:19: | 30 educational panels programs towards a year. |
| 00:04:19> 00:04:21: | But we are coming up on our biggest one right |
| 00:04:21> 00:04:22: | now. |
| 00:04:22> 00:04:25: | So on November 16th, if you're watching before then we |
| 00:04:25> 00:04:28: | will have our annual real estate forecasts. |
| 00:04:28> 00:04:31: | It will be in person and virtual so there will |
| 00:04:31> 00:04:34: | be a recorded option at the Irvine Auditorium at Penn. |
| 00:04:34> 00:04:38: | We are hitting our our annual emerging Trends report but |
| 00:04:38> 00:04:42: | also talking about a lot of other interesting trans local |
| 00:04:42> 00:04:45: | and global have tours in the afternoon. |
| 00:04:45> 00:04:48: | Have a mentor ship. Program so we hope to see |
| 00:04:48> 00:04:50: | many of you there. |
| 00:04:50> 00:04:53: | And finally, this is just a really quick summary. |
| 00:04:53> 00:04:54: | There's a lot of work that we do, |
| 00:04:54> 00:04:57: | and if you're new and you're watching this and you'd |
| 00:04:57> 00:04:57: | like to learn more, |
| 00:04:57> 00:05:00: | we would be happy to talk to you about ways |
| 00:05:01> 00:05:01: | to engage, |
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| 00.03.01> 00.03.04. | to propose an idea and to work with ds. |
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| 00:05:04> 00:05:05: | So now before we get started, |
| 00:05:05> 00:05:08: | thank you security, I just want to thank our annual |
| 00:05:08> 00:05:12: | sponsors without these organizations who support our work, |
| 00:05:12> 00:05:14: | we truly would not be able to do anything, |
| 00:05:14> 00:05:18: | including run. Our Women's leadership initiative and this program today |
| 00:05:18> 00:05:21: | so thank you to our urban visionary sponsors. |
| 00:05:21> 00:05:26: | Our diamond leadership circle and platinum sponsors, |
| 00:05:26> 00:05:30: | as well as our silver and friend sponsors. |
| 00:05:30> 00:05:32: | It was a very busy year and a wild one, |
| 00:05:32> 00:05:36: | but we had a lot of excellent support so now |
| 00:05:36> 00:05:40: | I'm happy to introduce today's conversation both at the local |
| 00:05:40> 00:05:41: | and the global level. |
| 00:05:41> 00:05:45: | The mission of utilize Women's Leadership initiative is to raise |
| 00:05:45> 00:05:48: | the visibility and number of female leaders in ULI and |
| 00:05:48> 00:05:50: | the real estate industry. |
| 00:05:50> 00:05:54: | So I really want to thank our local WI Cochairs |
| 00:05:54> 00:05:54: | Kim, |
| 00:05:54> 00:05:57: | even Bob, who wasn't able to join us today but |
| 00:05:57> 00:06:01: | who was integral in putting this conversation together and immune |
| 00:06:01> 00:06:01: | a. |
| 00:06:01> 00:06:04: | A bar to skate for putting together our program. |
| 00:06:04> 00:06:07: | So remuna. I'm sorry if I butchered your last name, |
| 00:06:07> 00:06:09: | I'm going to turn it over to you to introduce |
| 00:06:09> 00:06:10: | our speakers. |
| 00:06:10> 00:06:11: | Thank you so much. |
| 00:06:12> 00:06:16: | Great thank you, Laura. Hello everyone, |
| 00:06:16> 00:06:17: | thank you for joining us. |
| 00:06:17> 00:06:20: | My name is Ramona Bartuska to I'm an architect at |
| 00:06:20> 00:06:21: | J KRP Architects, |
| 00:06:21> 00:06:25: | founder and CEO of Spec Matters and current Co. |
| 00:06:25> 00:06:27: | Chair of wli. We are very excited to have our |
| 00:06:27> 00:06:31: | three esteemed speakers and moderate are with us today to |
| 00:06:31> 00:06:34: | share some insight in their experiences through the challenges of |
| 00:06:34> 00:06:37: | the pandemic. Wli has always been a safe space for |
| 00:06:37> 00:06:40: | female leaders to come to to learn from and support |
| 00:06:40> 00:06:43: | each other and we hope to extend the space today |
| 00:06:43> 00:06:45: | and welcome our speakers. To this community. |
| 00:06:46> 00:06:48: | While the industry is eager to jump back into the |
| | |

00:05:01 --> 00:05:04: to propose an idea and to work with us.

| 00:06:49> 00:06:49: | new normal, |
|---------------------|---|
| 00:06:49> 00:06:54: | the Women's Leadership Initiative Committee is intentionally |
| | pausing to create |
| 00:06:54> 00:06:56: | space for reflection and reawakening. |
| 00:06:56> 00:07:00: | Inspired by the quote, Your story is worth sharing. |
| 00:07:00> 00:07:03: | Our program today aims to bring together inspiring female |
| 00.07.00 | leaders |
| 00:07:03> 00:07:06: | in the land use industry and provide them with a |
| 00:07:06> 00:07:09: | platform to unpack challenges of the past year and a |
| 00:07:09> 00:07:12: | half. We hope to address topics of resiliency, |
| 00:07:12> 00:07:14: | navigating shifts, and reacting to issues. |
| 00:07:14> 00:07:18: | Of diversity, equity and inclusion while at the same time |
| 00:07:18> 00:07:21: | learn from those who persevered from the front lines, |
| 00:07:21> 00:07:25: | maintaining, growing and adapting to the challenges of our times. |
| 00:07:25> 00:07:28: | I will get us started by introducing our moderator for |
| 00:07:28> 00:07:28: | today's panel, |
| 00:07:28> 00:07:33: | charnelle Hicks. Charnelle is a president of Ch Planning and |
| 00:07:33> 00:07:36: | Enspire Green ACH planning subsidiary. |
| 00:07:36> 00:07:39: | Stage planning is a leader in mobility planning, |
| 00:07:39> 00:07:42: | equity planning and environmental justice. |
| 00:07:42> 00:07:45: | They serve as consultants to the nation's leaders in Vision |
| 00:07:45> 00:07:45: | Zero analysis, |
| 00:07:45> 00:07:50: | safe routes to school and complete streets planning and |
| | analysis |
| 00:07:50> 00:07:51: | with offices in DC, |
| 00:07:51> 00:07:55: | Philadelphia and Fort Lauderdale. Their work centers on Equitable Access. |
| 00:07:55> 00:07:58: | Our communities of color, people with disabilities, |
| 00:07:58> 00:08:01: | immigrant communities and youth. Charnal you've done a lot |
| | of |
| 00:08:01> 00:08:04: | work in the City of Philadelphia and we have always |
| 00:08:04> 00:08:06: | and you have always been tuned in and aware of |
| 00:08:06> 00:08:09: | its development. We're thrilled to have you here today to |
| 00:08:09> 00:08:10: | guide our discussion. |
| 00:08:10> 00:08:11: | Take it away, charnelle |
| 00:08:12> 00:08:16: | thank you, Ramona. We're going to have the the panel |
| 00:08:16> 00:08:21: | is going to write a little differently than the usual |
| 00:08:21> 00:08:22: | ULI panel. |
| 00:08:22> 00:08:27: | We are going to start by having each of our |
| 00:08:27> 00:08:30: | panelists share a story. |
| 00:08:30> 00:08:35: | And tell about how they persevered through the pandemic. |
| 00:08:35> 00:08:39: | And then we'll come. Each of us will have some |
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| 00:08:39> 00:08:42: | questions and answers are moderate. |
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| 00:08:42> 00:08:44: | Each is each of us will kind of go and |
| 00:08:44> 00:08:44: | turn. |
| 00:08:44> 00:08:47: | I'll introduce the other panelists as we go through, |
| 00:08:47> 00:08:52: | but first I'll start with my story with Ch planning |
| 00:08:52> 00:08:54: | and Inspire Green. |
| 00:08:54> 00:08:59: | So this photo we just took about a month ago. |
| 00:08:59> 00:09:03: | This is me and two of my staff members getting |
| 00:09:03> 00:09:06: | together for the first time after the pandemic. |
| 00:09:06> 00:09:12: | As many folks who are listening today experienced back in |
| 00:09:12> 00:09:13: | February, |
| 00:09:13> 00:09:16: | we went home for what was going to be a |
| 00:09:16> 00:09:21: | week and then a month and then we haven't fully |
| 00:09:21> 00:09:26: | returned and we each of us had our our challenges. |
| 00:09:26> 00:09:29: | The work that we do is urban planning, |
| 00:09:29> 00:09:33: | zoning and design for infrastructure development, |
| 00:09:33> 00:09:38: | development and communities. A big part of our client base |
| 00:09:38> 00:09:41: | were was in transportation. |
| 00:09:41> 00:09:45: | Airports were one and transit, |
| 00:09:45> 00:09:50: | so you can imagine the hit that our business took. |
| 00:09:50> 00:09:56: | Bye. Early May, more than half of our clients had |
| 00:09:56> 00:09:59: | pulled back entirely. |
| 00:09:59> 00:10:04: | We took advantage of kind of. |
| 00:10:04> 00:10:09: | Our pre position or predisposition toward corporate engagement, |
| 00:10:09> 00:10:14: | communication and working with elected officials to help to help |
| 00:10:14> 00:10:18: | shape the PPP and how that would look. |
| 00:10:20> 00:10:24: | In my business, I looked at our our folks. |
| 00:10:24> 00:10:28: | One of our staff members in the picture here had |
| 00:10:28> 00:10:29: | kids at home. |
| 00:10:29> 00:10:34: | Who are going to school at different grade levels? |
| 00:10:34> 00:10:36: | There were a lot of challenges that we had to |
| 00:10:36> 00:10:37: | deal with. |
| 00:10:37> 00:10:42: | Our staff strength nearly halved during the course of the |
| 00:10:42> 00:10:43: | pandemic, |
| 00:10:43> 00:10:49: | and it was really. It really didn't really turn around |
| 00:10:49> 00:10:50: | until June or so. |
| 00:10:50> 00:10:53: | One of the big strategies that we had, |
| 00:10:53> 00:10:56: | 'cause I promised my folks that I would get everybody |
| 00:10:56> 00:10:57: | back to work didn't know how to do it. |
| 00:10:57> 00:10:59: | When I made that promise, |
| 00:10:59> 00:11:04: | but we were able to pivot toward more real estate |

| 00:11:04> 00:11:06: | development. |
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| 00:11:06> 00:11:11: | And to pivot our geography toward the DC region that |
| 00:11:11> 00:11:15: | was more busier than Philadelphia at the time. |
| 00:11:15> 00:11:19: | Through that we acquired another African American woman |
| | owned business, |
| 00:11:19> 00:11:23: | inspire Green, and since then we've called everyone back to |
| 00:11:24> 00:11:27: | work and we've doubled our staff strength. |
| 00:11:27> 00:11:31: | Thanks in large part to the resiliency of our team |
| 00:11:31> 00:11:35: | and to just being able to innovate and pivot. |
| 00:11:35> 00:11:38: | So that's our story. I look forward to sharing more |
| 00:11:38> 00:11:41: | and hearing from hearing from our other panelists. |
| 00:11:41> 00:11:45: | But first I'd like to introduce Felicia Middleton. |
| 00:11:45> 00:11:50: | Felicia is an architectural designer and owner of urban aesthetics, |
| 00:11:50> 00:11:53: | design and consulting firm located in Pennsylvania, |
| 00:11:53> 00:11:56: | New Jersey and Delaware. Felicia has worked in the field |
| 00:11:56> 00:11:57: | of. |
| 00:11:57> 00:12:01: | Architecture and design for over 25 years. |
| 00:12:01> 00:12:03: | 13 as a business owner. |
| 00:12:03> 00:12:08: | While in business, Felicia has authored and published several books |
| 00:12:08> 00:12:10: | surrounding her areas of expertise, |
| 00:12:10> 00:12:17: | she enjoys writing, mentoring youth and its aspiring |
| | professionals. |
| 00:12:17> 00:12:22: | She volunteers and promotes building safety and environmental awareness. |
| 00:12:22> 00:12:24: | Thank you Felicia for joining us. |
| 00:12:29> 00:12:30: | Thank |
| 00:12:30> 00:12:33: | you, Sharon L. I'm I'm excited to hear more about |
| 00:12:33> 00:12:36: | you as well because I love what you do and |
| 00:12:36> 00:12:40: | just hearing about your your business and working with working |
| 00:12:40> 00:12:41: | to help people with disabilities. |
| 00:12:41> 00:12:45: | I love it. This is exciting, |
| 00:12:45> 00:12:48: | so I'm here to talk a little bit about the |
| 00:12:49> 00:12:53: | challenges and pivots that took place during the pandemic. |
| 00:12:53> 00:12:57: | UM, it started off right at my birthday and I |
| 00:12:57> 00:13:01: | always tell people I spent my birthday staring at the |
| 00:13:01> 00:13:02: | TV set. |
| 00:13:02> 00:13:04: | Not working, I stopped working and I was just staring |
| 00:13:04> 00:13:06: | at the news and I was very upset and I |
| 00:13:07> 00:13:09: | just had lost a couple of people that I worked |
| 00:13:09> 00:13:13: | close to not COVID related but they were just sudden |
| | • |

| 00:13:13> 00:13:16: | losses so dealing with that and then it just seemed |
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| 00:13:16> 00:13:19: | like it just kept mounting every week. |
| 00:13:19> 00:13:21: | There was something different it was a loss. |
| 00:13:21> 00:13:24: | Then there was a shutdown then the city had changed |
| 00:13:24> 00:13:25: | over their process. |
| 00:13:25> 00:13:28: | When it came to submitting permits. |
| 00:13:28> 00:13:31: | So there was a lot of UM changes that took |
| 00:13:31> 00:13:32: | place. |
| 00:13:32> 00:13:35: | Right at the very beginning of the pandemic, |
| 00:13:35> 00:13:38: | but work continued and work had to go on and |
| 00:13:38> 00:13:41: | some of the ways that I was able to handle |
| 00:13:41> 00:13:45: | that was to connect with other women business owners. |
| 00:13:45> 00:13:50: | I joined a professional women's organization a few months ahead |
| 00:13:50> 00:13:54: | of time and their networking went to online networking through |
| 00:13:54> 00:13:57: | zoom and and we talked every week we had a |
| 00:13:58> 00:14:01: | a coffee talk and we would just talk about the |
| 00:14:01> 00:14:03: | challenges that were taking place. |
| 00:14:03> 00:14:05: | As well as finding out a little bit about one |
| 00:14:05> 00:14:08: | another's businesses and what we were doing currently, |
| 00:14:08> 00:14:10: | some people were not working at all. |
| 00:14:10> 00:14:13: | I actually had to continue working and had to find |
| 00:14:13> 00:14:16: | ways when when one of the unique words that came |
| 00:14:16> 00:14:19: | out of a lot of discussions during that time was |
| 00:14:19> 00:14:24: | pivot. And pivot was very important because although I still |
| 00:14:24> 00:14:28: | did a lot of things using technology in my business, |
| 00:14:28> 00:14:32: | I had to completely change not only the way that |
| 00:14:32> 00:14:34: | I did business with technology, |
| 00:14:34> 00:14:37: | but helping to have my clients understand this is a |
| 00:14:37> 00:14:39: | this is a change. |
| 00:14:39> 00:14:41: | Things are changing. We have to do we have to |
| 00:14:41> 00:14:43: | sign contracts a different way. |
| 00:14:43> 00:14:46: | One of the benefits was that the city had just |
| 00:14:46> 00:14:48: | turned over to electronic submissions. |
| 00:14:48> 00:14:51: | So my expediter was able to submit. |
| 00:14:51> 00:14:54: | Everything I no longer had to find him to meet |
| 00:14:54> 00:14:57: | him and we were able to get a lot of |
| 00:14:57> 00:14:59: | things done through technology. |
| 00:14:59> 00:15:01: | Of course, sometimes technology failed us, |
| 00:15:01> 00:15:03: | but for the most part, |
| 00:15:03> 00:15:08: | one of the most beneficial things that I had during |
| 00:15:08> 00:15:13: | the pandemic was the utilization of technology. |
| | |

| 00:15:13> 00:15:16: | I persevered. I continued working. |
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| 00:15:16> 00:15:19: | There were sometimes where I had to take a few |
| 00:15:19> 00:15:20: | weeks off just to just to. |
| 00:15:21> 00:15:25: | Think about what was going on because it seemed like |
| 00:15:25> 00:15:28: | people were dying every week. |
| 00:15:28> 00:15:31: | I had there was one week where I remember just |
| 00:15:31> 00:15:31: | praying, |
| 00:15:31> 00:15:34: | Lord, please don't let anybody die this week. |
| 00:15:34> 00:15:37: | That I knew and it was just it that was |
| 00:15:37> 00:15:39: | hard to try to focus on work. |
| 00:15:39> 00:15:42: | When you have people that you know people that you |
| 00:15:42> 00:15:44: | were close to that just were dying and it was |
| 00:15:44> 00:15:46: | just it was a a very strange situation. |
| 00:15:46> 00:15:49: | I was just talking with a colleague about how we |
| 00:15:49> 00:15:52: | had experienced something we had never saw before, |
| 00:15:52> 00:15:55: | but one of the best things we did was we |
| 00:15:55> 00:15:56: | reached out to one another. |
| 00:15:56> 00:15:59: | We reached out to fellow designers on zoom. |
| 00:15:59> 00:16:01: | We talked to each other and we just wanted to |
| 00:16:01> 00:16:04: | know what one another we're going through the A |
| | professional |
| 00:16:04> 00:16:05: | organization. |
| 00:16:05> 00:16:08: | That I'm in called the National Organization of Minority |
| | Architects. |
| 00:16:08> 00:16:11: | We got together on zooms and we talked about because |
| 00:16:11> 00:16:14: | of the social unrest that had taken place. |
| 00:16:14> 00:16:16: | What can we do to help businesses? |
| 00:16:16> 00:16:19: | Where can we? How can we offer services to these |
| 00:16:19> 00:16:23: | businesses that have been affected from the unrest and help |
| 00:16:23> 00:16:25: | them get back up and running? |
| 00:16:25> 00:16:27: | Because a lot of people, |
| 00:16:27> 00:16:30: | their storefronts were damaged. The interiors were damaged |
| 00.40.20 > 00.40.20. | so we |
| 00:16:30> 00:16:32: | got together and talked with a few people on how |
| 00:16:32> 00:16:35: | we can offer discounted services or even free services. |
| 00:16:35> 00:16:39: | If necessary to help those people during that time and |
| 00:16:39> 00:16:42: | and a lot of people were were out of work |
| 00:16:42> 00:16:44: | and during that time, |
| 00:16:44> 00:16:46: | although they were out of work. |
| 00:16:46> 00:16:49: | They still, you know, we still had to work. |
| 00:16:49> 00:16:52: | Designers still worked. Everybody knows the real estate market moved |
| 00:16:52> 00:16:52: | on, |
| | = |

| 00.46.52 > 00.46.55 | hut luves able to mublish a couple of books |
|---------------------|--|
| 00:16:52> 00:16:55: | but I was able to publish a couple of books. |
| 00:16:55> 00:16:58: | Believe it or not. Continue my podcast work on the |
| 00:16:58> 00:17:02: | books that I had lined up and thankfully I got |
| 00:17:02> 00:17:05: | a lot of work done during the pandemic, |
| 00:17:05> 00:17:05: | so I was blessed. |
| 00:17:11> 00:17:14: | Thank you, Felicia. Thank you really, |
| 00:17:14> 00:17:18: | really great story. I'm not going to go on and |
| 00:17:18> 00:17:22: | introduce our next speaker Rafael Lena Merlino. |
| 00:17:24> 00:17:26: | Thank you Sir now and let me get, |
| 00:17:26> 00:17:27: | let me let me talk |
| 00:17:27> 00:17:28: | about you a little bit, |
| 00:17:28> 00:17:28: | OK? |
| 00:17:30> 00:17:31: | Not that quick. |
| 00:17:33> 00:17:36: | With over 10 years of residential development, |
| 00:17:36> 00:17:40: | property design and land acquisition experience, |
| 00:17:40> 00:17:45: | Rafaelin's journey into real estate began alongside her business partner |
| 00:17:45> 00:17:49: | and husband as Co founders of the City Space Development |
| 00:17:49> 00:17:49: | group, |
| 00:17:49> 00:17:53: | Rafael Lena is a top real estate sales leader, |
| 00:17:53> 00:17:55: | serving as a liaison between millennial, |
| 00:17:55> 00:18:00: | the Millennial homebuyer and Dream Home Builder in the Philadelphia |
| 00:18:00> 00:18:03: | and South South New Jersey region. |
| 00:18:03> 00:18:06: | Selling over 50 units in her first two years in |
| 00:18:06> 00:18:07: | business, |
| 00:18:07> 00:18:13: | Rafael Rafael Lena came into the industry after having left |
| 00:18:13> 00:18:15: | the corporate life. |
| 00:18:15> 00:18:20: | In a high luxury fashion brand. |
| 00:18:20> 00:18:24: | Her recent venture to mixed use commercial development has sparked |
| 00:18:25> 00:18:29: | a new passion for community development and small business and |
| 00:18:29> 00:18:31: | her own small business. |
| 00:18:31> 00:18:33: | Thank you for joining us today. |
| 00:18:33> 00:18:33: | Thank |
| 00:18:33> 00:18:37: | you so much. I'm so inspired by everyone here and |
| 00:18:37> 00:18:41: | just hearing you know how you made it through and. |
| 00:18:41> 00:18:43: | It was an interesting time and and Felicia I can |
| 00:18:44> 00:18:45: | relate about the birthday. |
| 00:18:45> 00:18:49: | It was March 15th was my birthday in the world |
| 00:18:49> 00:18:52: | closed March 16th so it was one of those, |
| 00:18:52> 00:18:55: | you know, like a a birthday moment. |
| | |

00:18:55 --> 00:18:57: My my husband said don't blow out the candles too 00:18:57 --> 00:19:00: fast because this party is gonna last today. 00:19:00 --> 00:19:03: Tomorrow it's it's closing down. 00:19:03 --> 00:19:06: It was an interest. It was a reflective time for 00:19:06 --> 00:19:06: me. 00:19:06 --> 00:19:09: I'm one of those individuals that have spent most of 00:19:10 --> 00:19:11: my life running. 00:19:11 --> 00:19:13: Right just constantly what's next, 00:19:13 --> 00:19:16: what's next, and I think as entrepreneurial women and and 00:19:16 --> 00:19:18: we kind of tend to do that, 00:19:18 --> 00:19:19: what more can we do? 00:19:19 --> 00:19:20: What more can we give to our community, 00:19:20 --> 00:19:24: our families, and we get into this trend of doing 00:19:24 --> 00:19:26: and we forget to reflect. 00:19:26 --> 00:19:28: And so when the world you know, 00:19:28 --> 00:19:30: being that real estate sales, 00:19:30 --> 00:19:32: it was considered non essential, 00:19:32 --> 00:19:35: right? So I literally I had no choice and being 00:19:35 --> 00:19:36: left, 00:19:36 --> 00:19:38: no choice. It was interesting for someone who, 00:19:38 --> 00:19:40: when I hear no I, 00:19:40 --> 00:19:41: I actually think I hear yes. 00:19:41 --> 00:19:43: In the background. So as, 00:19:43 --> 00:19:46: uh, you know, it's so I. 00:19:46 --> 00:19:49: I really had a tough time with hearing now and 00:19:49 --> 00:19:51: I had a 7 month old at home, 00:19:51 --> 00:19:53: so I was a new mom which was, 00:19:53 --> 00:19:57: you know, really interesting because I had thought that I 00:19:57 --> 00:19:58: had balanced. 00:19:58 --> 00:20:01: I thought I knew this thing of balance and to 00:20:01 --> 00:20:04: lose anyone that could help you, 00:20:04 --> 00:20:06: right? 'cause you were so afraid to gather you didn't 00:20:06 --> 00:20:06: 00:20:06 --> 00:20:09: Am I gonna get my family sick if we get 00:20:09 --> 00:20:12: together and no one could really help so? 00:20:12 --> 00:20:15: Really, it was a moment in time where I had 00:20:15 --> 00:20:17: to make a decision of priorities. 00:20:17 --> 00:20:21: And as I started reflecting at that time of what 00:20:21 --> 00:20:23: my priorities were, 00:20:23 --> 00:20:27: I really had to realize that I couldn't prioritize my 00:20:27 --> 00:20:27: family, 00:20:27 --> 00:20:29: my business, and you know,

00:20:32 --> 00:20:33: important in the same bucket, 00:20:33 --> 00:20:35: I had to make a decision. 00:20:35 --> 00:20:38: So I started deciding that maybe this was the time 00:20:39 --> 00:20:41: to step back in business and and really, 00:20:41 --> 00:20:43: you know, shut down something. 00:20:43 --> 00:20:45: I love doing so much as the sales side of 00:20:45 --> 00:20:49: the business and really focus my efforts on the development 00:20:49 --> 00:20:49: side. 00:20:49 --> 00:20:52: Maybe it was. And the more I decided that I 00:20:52 --> 00:20:54: said it's just not the right way. 00:20:54 --> 00:20:58: I really enjoy touching all aspects of real estate in 00:20:58 --> 00:21:02: that way and I decided to call on a partner, 00:21:02 --> 00:21:04: a business partner who you see there. 00:21:04 --> 00:21:05: Becky, my new SIS who. 00:21:05 --> 00:21:08: Is now my business partner and we had grown our 00:21:08 --> 00:21:10: businesses together for quite some time. 00:21:10 --> 00:21:14: She was actually a mentor of mine before she became 00:21:14 --> 00:21:17: my business partner and I called her one day and 00:21:17 --> 00:21:17: I said, 00:21:17 --> 00:21:19: you know, I, I just had a funny thought. 00:21:19 --> 00:21:22: You know, imagine if we just brought our businesses together 00:21:22 --> 00:21:24: and she said I would love that. 00:21:24 --> 00:21:27: And so we really started strategizing on this. 00:21:27 --> 00:21:29: Would look like and you know, 00:21:30 --> 00:21:30: II was a bit. 00:21:30 --> 00:21:34: I didn't realize my ego prior to that and not 00:21:34 --> 00:21:36: understanding the need for partnership. 00:21:36 --> 00:21:40: And just taking on this one partner made me want 00:21:40 --> 00:21:43: to take on more how how many more women can 00:21:43 --> 00:21:47: I partner with and support and it sparked this interest 00:21:47 --> 00:21:51: of wanting to continue to grow alongside other women and 00:21:51 --> 00:21:56: it really proved to me the importance of that that 00:21:56 --> 00:21:58: it's not even just an option. 00:21:58 --> 00:22:02: It's something we have to do together. 00:22:02 --> 00:22:04: It also made me realize how men climbed so quickly, 00:22:04 --> 00:22:06: right? Is that they you know, 00:22:06 --> 00:22:09: that constant partnership and and being able to do 00:22:09 --> 00:22:10: that so so effortlessly. 00:22:10 --> 00:22:15: So we went into business and and actually the day 00:22:15 --> 00:22:18: we decided to start the business,

my philanthropic effort to make all the things that were

00:20:29 --> 00:20:32:

00:22:18 --> 00:22:21: the city was was shutting down due to some looting 00:22:21 --> 00:22:24: and things that sort and I said I don't care. 00:22:24 --> 00:22:27: We're meeting and it doesn't matter helicopters flying over what 00:22:28 --> 00:22:28: we're doing. 00:22:28 --> 00:22:30: We have to do this is it? 00:22:30 --> 00:22:31: And so we did it we we said, 00:22:31 --> 00:22:34: OK, we're uhm, you know we're doing it, 00:22:34 --> 00:22:36: and lo and behold, she happened. 00:22:36 --> 00:22:38: I focused my business in Center City. 00:22:38 --> 00:22:41: She focuses her business in the suburbs and 90% of our business at the time was in the suburbs. 00:22:41 --> 00:22:43: So it worked out wonderfully. 00:22:43 --> 00:22:45: 00:22:45 --> 00:22:48: It allowed us to sort of do this dance where 00:22:48 --> 00:22:49: we're like, 00:22:49 --> 00:22:52: OK, let's build this team outside, 00:22:52 --> 00:22:55: you know, outside the city and then also in the 00:22:55 --> 00:22:57: city and expansion grew really, 00:22:57 --> 00:23:00: really quickly and you'll see in the next few slides 00:23:00 --> 00:23:02: we went from the two of us too. 00:23:02 --> 00:23:07: Quite a few other team members come and go round 00:23:07 --> 00:23:09: to the next slide there. 00:23:09 --> 00:23:11: You know, and we grew. 00:23:11 --> 00:23:12: We expanded. We had about you, 00:23:12 --> 00:23:16: know, six other agents that had joined during that time, 00:23:16 --> 00:23:19: individuals who were laid off and just lost their jobs 00:23:19 --> 00:23:20: and had always had. 00:23:20 --> 00:23:26: So it was incredible to experience providing opportunity. 00:23:26 --> 00:23:28: I would say the one thing that was most challenging, 00:23:28 --> 00:23:30: so when I had first started in the industry, 00:23:30 --> 00:23:34: I came from a luxury fashion background. 00:23:34 --> 00:23:37: Sort of the business side of fashion and I had 00:23:37 --> 00:23:40: met my husband and he would talk about real estate 00:23:40 --> 00:23:42: and and I just was like I don't really know 00:23:42 --> 00:23:44: what you're talking about and and I'm I'm. 00:23:44 --> 00:23:47: I'm from North Jersey originally and it wasn't until I 00:23:47 --> 00:23:48: came to Philadelphia and really, 00:23:48 --> 00:23:51: really saw was happening and the markets that were sort 00:23:51 --> 00:23:54: of you know what was emerging and how things were 00:23:54 --> 00:23:55: changing. 00:23:55 --> 00:23:57: I I really was excited too. 00:23:57 --> 00:24:00: Start to really experience and see how I could make

| 00:24:00> 00:24:01: | an impact. |
|---------------------|--|
| 00:24:01> 00:24:06: | So I started developing alongside him and you know, |
| 00:24:06> 00:24:09: | sort of took my design background and brought it into |
| 00:24:09> 00:24:12: | real estate and only got a real estate license for |
| 00:24:12> 00:24:15: | to purchase properties and be able to access the M |
| 00:24:15> 00:24:19: | LS. And and then I started consulting some of our |
| 00:24:19> 00:24:22: | developer friends on on just you know what buyers were |
| 00:24:22> 00:24:24: | looking for and thought. |
| 00:24:24> 00:24:26: | Wait a second I'm. I'm leaving a lot of Commission |
| 00:24:26> 00:24:27: | on the table here. |
| 00:24:27> 00:24:31: | This might be a business and so then formulated a |
| 00:24:31> 00:24:32: | realist. |
| 00:24:32> 00:24:35: | You know small real estate team and I think the |
| 00:24:35> 00:24:39: | greatest challenge that I had seen was I had always |
| 00:24:39> 00:24:42: | just run my business the same way right had always |
| 00:24:42> 00:24:45: | just worked with a certain type of client and did |
| 00:24:45> 00:24:47: | certain types of marketing and. |
| 00:24:47> 00:24:51: | It worked for for years and then overnight everything that |
| 00:24:51> 00:24:54: | worked just did not work like it was like the |
| 00:24:54> 00:24:55: | light switches. |
| 00:24:55> 00:24:59: | None of it was working and so I had to |
| 00:24:59> 00:25:05: | reinvent the business and and in reinventing it I realized |
| 00:25:05> 00:25:06: | that you know, |
| 00:25:06> 00:25:11: | as you're going through these things that it's really all |
| 00:25:11> 00:25:14: | in your mindset of are you going to, |
| 00:25:14> 00:25:18: | you know, make a decision to move forward and to. |
| 00:25:18> 00:25:21: | You know, overcome the challenge or is the challenge going |
| 00:25:21> 00:25:22: | to become you? |
| 00:25:22> 00:25:24: | I mean I, I sat alongside a lot of team |
| 00:25:24> 00:25:25: | members and we would, |
| 00:25:25> 00:25:28: | like Felicia said we would call each other to pull. |
| 00:25:28> 00:25:30: | You know, there were days you needed to be pulled |
| 00:25:30> 00:25:30: | out of the mud, |
| 00:25:30> 00:25:34: | right where your mindset. Losing family members and and seeing |
| 00:25:34> 00:25:36: | sickness and illness and watching the news. |
| 00:25:36> 00:25:38: | I mean, I never watch the news in my life |
| 00:25:38> 00:25:40: | and then all of a sudden I'm watching it for |
| 00:25:40> 00:25:42: | like hours a day 'cause you just could not get |
| 00:25:42> 00:25:44: | away from what would they were saying. |
| 00:25:44> 00:25:46: | So I realized that it. |
| 00:25:46> 00:25:49: | It really was about community. |
| | |

00:25:51 --> 00:25:54: in doing so, you know one of my greatest passions 00:25:54 --> 00:25:57: is in real estate is the impact you can have 00:25:57 --> 00:25:59: on a community you know. 00:25:59 --> 00:26:02: So that is that is my COVID story. 00:26:02 --> 00:26:03: So thank you so much. 00:26:03 --> 00:26:03: Arnelle. 00:26:04 --> 00:26:07: Thank you Rafael Lena. I'm wonderful. 00:26:07 --> 00:26:13: Wonderful story. Great how you were able to transition like 00:26:13 --> 00:26:13: that. 00:26:13 --> 00:26:16: So now I'm going to go ahead and introduce our 00:26:16 --> 00:26:17: next speaker, 00:26:17 --> 00:26:21: Shayla Griffith. Shayla knew she wanted to be an interior 00:26:21 --> 00:26:22: designer. 00:26:22 --> 00:26:25: Back when she was just 13 years old. 00:26:25 --> 00:26:30: She was educated and trained. 00:26:30 --> 00:26:36: She is CEIDQ certified and LEED accredited interior designer. 00:26:36 --> 00:26:40: She completed her bachelors degree in Interior design. 00:26:40 --> 00:26:43: And a Masters degree in sustainable design. 00:26:43 --> 00:26:46: Both of her degrees are from Jespersen University. 00:26:46 --> 00:26:48: After working in corporate design, 00:26:48 --> 00:26:52: hospitality and high end residential interior architecture, 00:26:52 --> 00:26:56: she started SG23 design in 2013. 00:26:56 --> 00:27:01: The firm works both on residential and commercial projects and 00:27:01 --> 00:27:04: really thrives on creating functional, 00:27:04 --> 00:27:10: thoughtful design designs followed by. 00:27:10 --> 00:27:14: Good preparation and efficient project management. 00:27:14 --> 00:27:17: Thanks for space travel. Thank 00:27:17 --> 00:27:19: you so much for the introduction. 00:27:19 --> 00:27:23: Uhm so my story come. 00:27:23 --> 00:27:26: Is the pandemic is very closely tide to our place 00:27:26 --> 00:27:26: of work, 00:27:26 --> 00:27:29: which is pretty interesting, so let me give you a 00:27:29 --> 00:27:30: bit of context. 00:27:30 --> 00:27:32: Uhm, I moved into the studio space in March of 00:27:32 --> 00:27:35: 2019 because I knew I wanted to grow a business 00:27:35 --> 00:27:38: and that I needed to build a team I had 00:27:38 --> 00:27:40: worked from home for years and I knew it was 00:27:40 --> 00:27:44: time to transition into a dedicated space for work and 00:27:44 --> 00:27:46: and just a little bit of informational. 00:27:46 --> 00:27:48: They'll come full circle in a minute.

And and I would say you know,

00:25:49 --> 00:25:51:

```
00:27:51 --> 00:27:52:
                          in Riverton.
                          NJ. And it's just 20 minutes outside of Philadelphia,
00:27:52 --> 00:27:56:
00:27:56 --> 00:28:00:
                          so uhm. In January of 2019,
00:28:00 --> 00:28:04:
                          UM, the current tenant at the time was a branding
00:28:04 --> 00:28:05:
                          client.
00:28:05 --> 00:28:07:
                          So SG 23 has two divisions.
00:28:07 --> 00:28:09:
                          We have a branding and website division,
00:28:09 --> 00:28:11:
                          but our bed and butter is interior design,
00:28:11 --> 00:28:14:
                          but it had a branding client in the space and
00:28:14 --> 00:28:17:
                          they mentioned in passing that we're thinking of closing the
00:28:17 --> 00:28:20:
                          store front in working from home and I already knew
00:28:20 --> 00:28:22:
                          I loved the space so I jumped at that opportunity
00:28:23 --> 00:28:25:
                          and that's how we ended up working back in that
00:28:25 --> 00:28:27:
                          space where I had my first job ever and.
00:28:27 --> 00:28:29:
                          And I've always loved the space.
00:28:29 --> 00:28:30:
                          It's a charming old building,
00:28:30 --> 00:28:34:
                          was trying natural light so.
00:28:34 --> 00:28:37:
                          That's when I really thought things came full circle,
00:28:37 --> 00:28:39:
                          then less than a year later,
00:28:39 --> 00:28:40:
                          the owner of the property,
                          so they wanted to sell and asked if I was
00:28:40 --> 00:28:42:
00:28:43 --> 00:28:43:
                          interested.
00:28:43 --> 00:28:47:
                          So I don't have that opportunity that was in November
00:28:48 --> 00:28:48:
                          of 2019,
00:28:48 --> 00:28:50:
                          so we're getting closer to COVID now,
00:28:50 --> 00:28:54:
                          and so it being commercial real estate,
00:28:54 --> 00:28:56:
                          things move a little bit slower sometimes.
00:28:56 --> 00:28:59:
                          So things didn't really start moving until March 2020,
00:28:59 --> 00:29:04:
                          so that's when things really started to shut down because
00:29:04 --> 00:29:05:
                          of kovid so.
00:29:05 --> 00:29:08:
                          Although he felt I still feel the space is perfect,
00:29:08 --> 00:29:12:
                          I got nervous because this is a good idea and
00:29:12 --> 00:29:13:
                          you know,
00:29:13 --> 00:29:15:
                          I'm I am. I just too in love with the
00:29:15 --> 00:29:15:
                          space.
00:29:15 --> 00:29:18:
                          Should I back out and I went for it and
00:29:18 --> 00:29:22:
                          I went ahead and bought the property in June of
00:29:22 --> 00:29:22:
                          2020,
00:29:22 --> 00:29:27:
                          so luckily the pandemic hasn't slowed business down and I.
00:29:27 --> 00:29:30:
                          I think really part of that is because we do
00:29:30 --> 00:29:31:
                          residential and commercial design.
```

My first job ever was in a cute little storefront

00:27:48 --> 00:27:51:

| 00:29:31> 00:29:35: | UM, so you know when the commercial stuff is, |
|---------------------|--|
| 00:29:35> 00:29:39: | so the residential usually, at least in my experience. |
| 00:29:39> 00:29:43: | So dumb. We already were pretty good about working remotely, |
| 00:29:43> 00:29:45: | so that wasn't too much of an issue. |
| 00:29:45> 00:29:48: | And then we utilizes resources like zoom and such so |
| 00:29:48> 00:29:51: | we could do most of our meetings virtually. |
| 00:29:51> 00:29:53: | Unless we had a survey or something like that where |
| 00:29:53> 00:29:54: | we had to be on site. |
| 00:29:56> 00:29:59: | One interesting thing I realized since having this cuz I |
| 00:29:59> 00:30:01: | actually hate working from home. |
| 00:30:01> 00:30:05: | I don't like it anymore at all and. |
| 00:30:05> 00:30:08: | Although in the beginning of Code my team was working |
| 00:30:08> 00:30:08: | from home, |
| 00:30:08> 00:30:10: | I still came in on my own, |
| 00:30:10> 00:30:13: | 'cause luckily I'm only 5 minutes away so. |
| 00:30:13> 00:30:18: | That was interesting, but my team is fully vaccinated, |
| 00:30:18> 00:30:22: | so we were back working in the office. |
| 00:30:22> 00:30:25: | We have been back working in office for quite some |
| 00:30:25> 00:30:25: | time. |
| 00:30:25> 00:30:29: | If anything, we've been a lot busier and and I |
| 00:30:29> 00:30:32: | think the thing we're combating right now, |
| 00:30:32> 00:30:34: | especially as a business owner is is burnout. |
| 00:30:34> 00:30:37: | I try to do a lot to protect my team, |
| 00:30:37> 00:30:42: | so that often means being careful about what projects we |
| 00:30:42> 00:30:43: | take on and how many, |
| 00:30:43> 00:30:46: | and also managing client expectations. |
| 00:30:46> 00:30:50: | I've even had to adjust contracts accordingly because I. |
| 00:30:50> 00:30:52: | I feel it's tough for people outside the industry to |
| 00:30:52> 00:30:54: | understand why there are delays, |
| 00:30:54> 00:30:56: | why there are supply chain issues, |
| 00:30:56> 00:30:59: | why that so they have 20 week lead time and |
| 00:30:59> 00:31:02: | so it's a constant like educating |
| 00:31:01> 00:31:02: | Just letting them know. Listen, |
| 00:31:02> 00:31:02: | of |
| 00:31:02> 00:31:02: | we're |
| 00:31:02> 00:31:03: | the |
| 00:31:02> 00:31:03: | doing all |
| 00:31:03> 00:31:03: | client. |
| 00:31:03> 00:31:03: | that we can, |
| 00:31:03> 00:31:05: | but there's a lot of things that are out of |
| 00:31:05> 00:31:07: | our control and that stuff for our clients. |
| | |

00:31:07 --> 00:31:08: And it's also tough for me. 00:31:08 --> 00:31:11: I think most business owners like a sense of control, 00:31:11 --> 00:31:15: so that's been challenging. But the one thing I always 00:31:15 --> 00:31:19: say is the goal is to not lose your marbles. 00:31:19 --> 00:31:23: So one thing that I started doing at the height 00:31:24 --> 00:31:24: of COVID, 00:31:24 --> 00:31:27: I started my friend and I went to undergrad with 00:31:27 --> 00:31:27: her. 00:31:27 --> 00:31:30: We started having what we call Marble meeting Mondays so 00:31:30 --> 00:31:33: every Monday before work we'd call each other and just 00:31:33 --> 00:31:34: then about work life. 00:31:34 --> 00:31:38: Just anything because one of the things that has been 00:31:38 --> 00:31:41: reinforced during this time is. 00:31:41 --> 00:31:43: Mostly we just need to check up on each other 00:31:43 --> 00:31:46: and make sure everyone is OK because there's a lot 00:31:46 --> 00:31:49: of things that have been going on at the same 00:31:49 --> 00:31:52: time and sometimes we just keep going and just pretend 00:31:52 --> 00:31:55: like nothing's happening just to keep it moving. 00:31:55 --> 00:31:58: But I have found it's it's great to be able 00:31:58 --> 00:32:00: to check up on people. 00:32:00 --> 00:32:03: Make sure they're OK and it's great to have a 00:32:03 --> 00:32:05: support system that and make sure that you're OK as 00:32:06 --> 00:32:06: well. 00:32:06 --> 00:32:09: Yeah, so the pandemic Ross has been. 00:32:11 --> 00:32:13: It's been interesting, so the business has been good, 00:32:13 --> 00:32:15: but other things you kind of have to keep a 00:32:15 --> 00:32:18: balance or not not get burnt out of the situation 00:32:18 --> 00:32:18: that we're in. 00:32:23 --> 00:32:25: Thank you Charlotte for sharing. 00:32:25 --> 00:32:29: UM. So now we're going to go ahead and move 00:32:29 --> 00:32:32: into the Q&A with Charlotte. You you talk about SG swimming three and some of 00:32:32 --> 00:32:36: 00:32:36 --> 00:32:38: your experience. 00:32:38 --> 00:32:44: It just kind of balancing work and life and and 00:32:44 --> 00:32:45: marbles. 00:32:45 --> 00:32:49: Rafael Ina I'd like you to tell us a little 00:32:49 --> 00:32:52: bit about your process for balancing work, 00:32:52 --> 00:32:56: work, life management. When you know, 00:32:56 --> 00:33:00: while going through all these changes and the hardships that 00:33:00 --> 00:33:01: COVID brought us, 00:33:02 --> 00:33:03: yeah, thank you so much. 00:33:03 --> 00:33:06: I yeah I love. I love that Marvel might actually

00:33:07 --> 00:33:10: I'm totally gonna steal that Marvel. 00:33:10 --> 00:33:15: Mondays I would say the one thing I realized with 00:33:15 --> 00:33:19: being home is that I'd find myself like in my 00:33:19 --> 00:33:20: pajamas. 00:33:20 --> 00:33:23: And like Shayla said like I really don't like working 00:33:23 --> 00:33:25: from home because I don't get to see. 00:33:25 --> 00:33:28: New faces, and as you know, an extrovert and extravert introvert where I know when I 00:33:28 --> 00:33:31: need my own sort of time. 00:33:31 --> 00:33:33: 00:33:33 --> 00:33:37: But I love sharing my energy with others and meeting 00:33:37 --> 00:33:40: new people and being home with with you know a 00:33:41 --> 00:33:44: you know a baby all day and and and my 00:33:44 --> 00:33:47: husband was still working out of the house right? 00:33:47 --> 00:33:48: I'd be in my pajamas and like some days I 00:33:48 --> 00:33:50: swear I'd be like 7:00 o'clock at night and I'm 00:33:50 --> 00:33:51: like Oh my God I didn't even brush my teeth 00:33:51 --> 00:33:53: yet like this is terrible. 00:33:53 --> 00:33:55: You know it's like and. 00:33:55 --> 00:33:59: I just realized that I started to feel as if 00:33:59 --> 00:34:01: I just everything was the same. 00:34:01 --> 00:34:03: You're waking up and you were just, 00:34:03 --> 00:34:05: you know this this where it wasn't consistency and it 00:34:05 --> 00:34:08: was just the day was was and you started to 00:34:08 --> 00:34:11: everything became a blur like the weeks would turn into 00:34:11 --> 00:34:14: days and you're just like OK I have to create 00:34:14 --> 00:34:17: a routine where I wake up and I'm spending 20 00:34:17 --> 00:34:21: minutes for me with God like where I can just 00:34:21 --> 00:34:24: put it out there and allow God to take what's 00:34:24 --> 00:34:25: happening. 00:34:25 --> 00:34:26: Pray for those that I started to. 00:34:26 --> 00:34:30: Really have this fear of something happening to the people 00:34:30 --> 00:34:32: I love and fear has a way of just getting 00:34:32 --> 00:34:35: bigger and bigger and bigger and bigger. And if you don't control it, 00:34:35 --> 00:34:36: 00:34:36 --> 00:34:41: it can control you. So I started experiencing anxiety and 00:34:41 --> 00:34:44: all of these things and I'm like what is happening, 00:34:44 --> 00:34:46: you know so I only. 00:34:46 --> 00:34:48: Not only did I look crazy but I was like 00:34:48 --> 00:34:51: I think I'm really losing my marbles like for real. 00:34:51 --> 00:34:54: So I would say was that consistently in a routine 00:34:54 --> 00:34:57: and I actually stuck with it and I've done it

just wrote it down.

00:33:06 --> 00:33:07:

| 00.04.07> 00.04.00. | ioi a year straight. |
|---------------------|--|
| 00:34:58> 00:35:01: | On where I I would just wake up earlier to |
| 00:35:01> 00:35:06: | have silence with myself where it was 20 minutes with |
| 00:35:06> 00:35:06: | God, |
| 00:35:06> 00:35:09: | 20 minutes of moving my body and then just a |
| 00:35:10> 00:35:13: | little bit of time to prepare at the day because |
| 00:35:13> 00:35:15: | if COVID taught me anything, |
| 00:35:15> 00:35:18: | it was how little control we have over so many |
| 00:35:18> 00:35:22: | things that you think your work when you're allowed out |
| 00:35:22> 00:35:23: | of your home. |
| 00:35:23> 00:35:26: | I mean, these things were torn from you within a |
| 00:35:26> 00:35:28: | moments time like it's just. |
| 00:35:28> 00:35:31: | It's just insane, so it's like I needed to have |
| 00:35:31> 00:35:35: | that little bit of control over the things that I |
| 00:35:35> 00:35:35: | could, |
| 00:35:35> 00:35:38: | and I needed to let go of what I couldn't |
| 00:35:38> 00:35:39: | and and I, |
| 00:35:39> 00:35:43: | and then brushing my teeth happened right after. |
| 00:35:43> 00:35:45: | Right after that, and actually getting out of, |
| 00:35:45> 00:35:48: | you know, and and putting on the uniform for |
| 00:35:48> 00:35:49: | the day, |
| 00:35:49> 00:35:54: | whatever that was to change the mindset definitely definitely helped |
| 00:35:54> 00:35:54: | and. |
| 00:35:54> 00:35:57: | So yeah, that was my little my little self care |
| 00:35:57> 00:35:58: | during COVID. |
| 00:35:58> 00:35:58: | Yeah |
| 00:35:58> 00:35:59: | I had I had |
| 00:35:59> 00:36:02: | something similar where before 9:00 o'clock. |
| 00:36:02> 00:36:05: | I would not. First of all I would have my |
| 00:36:05> 00:36:07: | phone would sleep on the first |
| 00:36:07> 00:36:09: | floor right |
| 00:36:10> 00:36:13: | with all the sounds off and then I would not |
| 00:36:13> 00:36:16: | touch it until after I had my breakfast. |
| 00:36:16> 00:36:20: | Walked my dog and had at least half an hour |
| 00:36:20> 00:36:22: | of watching some sort of. |
| 00:36:22> 00:36:24: | Stupid this on TV or news, |
| 00:36:25> 00:36:27: | stupidness or news? I got to pick but it was |
| 00:36:27> 00:36:30: | only it was only then that I started my day |
| 00:36:30> 00:36:33: | policia I like to hear your answer that question how |
| 00:36:33> 00:36:38: | did you balance work life and and your mental health |
| 00:36:38> 00:36:39: | during during COVID. |
| | |

00:34:57 --> 00:34:58: for a year straight.

00:36:41 --> 00:36:43: Unfortunately, I kind of did what I normally do. 00:36:43 --> 00:36:47: I just went on Autopilot and worked like I had 00:36:47 --> 00:36:49: no sense and I crashed, 00:36:49 --> 00:36:53: sometimes with depression and heartache. 00:36:53 --> 00:36:56: One of my good friends died and I actually had 00:36:56 --> 00:37:00: to watch him go through the sickness the whole time 00:37:00 --> 00:37:02: and then helped plan his funeral. 00:37:02 --> 00:37:04: So it was so I did. 00:37:04 --> 00:37:07: I was just me. I didn't create any routines. 00:37:07 --> 00:37:10: I kept working like a nut and and dumb. 00:37:10 --> 00:37:14: What I did learn was the importance of self care. 00:37:14 --> 00:37:16: I had to learn that, 00:37:16 --> 00:37:18: but I had and I had to teach myself that 00:37:18 --> 00:37:21: and it was only the beginning of this year that 00:37:21 --> 00:37:23: I had to actually let that sink in. 00:37:23 --> 00:37:27: That you can't just keep functioning like you're on autopilot. 00:37:27 --> 00:37:30: With all this other stuff going on and then try 00:37:30 --> 00:37:32: to balance that on the side. 00:37:32 --> 00:37:35: you still in the in the midst of doing all 00:37:35 --> 00:37:35: this work. 00:37:35 --> 00:37:40: I'm still trying to handle the pain from my close 00:37:40 --> 00:37:41: friends. 00:37:41 --> 00:37:45: Losing their mother and their arts and and just so 00:37:45 --> 00:37:46: much of that, 00:37:46 --> 00:37:48: I was trying to push that aside and still keep 00:37:48 --> 00:37:51: working and then go back to that and then still 00:37:51 --> 00:37:55: like I was trying to compartmentalise everything and what I 00:37:55 --> 00:37:58: found was that I would break down so early this 00:37:58 --> 00:38:01: year I took almost three weeks off where I just 00:38:01 --> 00:38:04: just tried to focus on me and focus on getting 00:38:05 --> 00:38:08: my head together that was in January and I was 00:38:08 --> 00:38:12: able to clear my head out because I couldn't see. 00:38:12 --> 00:38:17: Getting out of the the situation of COVID, 00:38:17 --> 00:38:19: but I just all I could see was I had 00:38:19 --> 00:38:20: work, 00:38:20 --> 00:38:22: but I couldn't see beyond COVID existing. 00:38:22 --> 00:38:25: And then once I finally got a chance to mentally 00:38:25 --> 00:38:27: see that there was something there was a future. 00:38:27 --> 00:38:32: You know, we started seeing the possibilities with the vaccine. 00:38:32 --> 00:38:36: I started getting exciting planning trips again and the the. 00:38:37 --> 00:38:39: I hate working from home as well.

```
00:38:39 --> 00:38:43:
                          I moved out of my old office in the first
00:38:43 --> 00:38:46:
                          week in March of last year 2020.
00:38:46 --> 00:38:50:
                          COVID broke out the next week so I worked from
00:38:51 --> 00:38:55:
                          home for a year and four months and finally got
00:38:55 --> 00:38:58:
                          back in the office this July.
00:38:58 --> 00:39:02:
                          So I I really had a hard time.
00:39:02 --> 00:39:04:
                          I had to I I didn't do the stay in
00:39:04 --> 00:39:07:
                          your pajamas all day long 'cause I just don't feel
00:39:07 --> 00:39:08:
                          comfortable.
00:39:08 --> 00:39:10:
                          So I would get up and get dressed and you
00:39:10 --> 00:39:10:
                          know,
00:39:10 --> 00:39:12:
                          do everything that you normally do when you work.
00:39:12 --> 00:39:13:
                          But I was working like a nut.
00:39:13 --> 00:39:17:
                          I found myself working 11:12 o'clock in the morning overnight
00:39:17 --> 00:39:19:
                          because I was working,
00:39:19 --> 00:39:20:
                          I had nothing else to do.
00:39:20 --> 00:39:20:
                          I was sitting at home.
00:39:20 --> 00:39:24:
                          Besides, you know all I had was work and I
00:39:24 --> 00:39:28:
                          got tired of watching TV and watching the news.
00:39:28 --> 00:39:31:
                          So I just kept. That was where I found solace
00:39:31 --> 00:39:35:
                          was in working and but the self care is very
00:39:35 --> 00:39:38:
                          important and the trying to do other things.
00:39:38 --> 00:39:40:
                          Outside of work was important,
00:39:40 --> 00:39:44:
                          so grateful. Thankfully this year in March II rented a
00:39:44 --> 00:39:47:
                          hotel and hotel room in Philadelphia.
00:39:47 --> 00:39:49:
                          Had one of my favorite hotels that used to be
00:39:49 --> 00:39:53:
                          the architects building downtown and I stayed there for a
00:39:53 --> 00:39:56:
                          week and my friends came to visit me and brought
00:39:56 --> 00:39:59:
                          me gifts and we had a little little gatherings
00:39:59 --> 00:40:00:
                          and went out to dinner.
00:40:00 --> 00:40:02:
                          I had a good time and that was where I
00:40:02 --> 00:40:03:
                          was able to refresh,
00:40:03 --> 00:40:07:
                          refocus and go back on Autopilot again,
                          but in a better
00:40:07 --> 00:40:08:
00:40:08 --> 00:40:08:
                          way.
00:40:09 --> 00:40:12:
                          That sounds great. So Felicia,
00:40:12 --> 00:40:17:
                          you talked a little bit about your your networking group.
00:40:17 --> 00:40:21:
                          Shyla, you talked about your marble Mondays.
00:40:21 --> 00:40:25:
                          Rafael Lena did you have?
00:40:25 --> 00:40:28:
                          Did you have like a cohort or or group of
00:40:28 --> 00:40:32:
                          folks that you convened from time to time drink
00:40:33 --> 00:40:36:
                          it? Will it actually? It's interesting it it still is
```

00:40:36 --> 00:40:37: still today. 00:40:37 --> 00:40:40: So we I hired my first ever. 00:40:40 --> 00:40:44: In employee, which is our operations manager for many years. 00:40:45 --> 00:40:48: I did this with virtual assistance or you know kind 00:40:48 --> 00:40:48: of. 00:40:48 --> 00:40:51: Just like you know, hired showing agents but was kind 00:40:51 --> 00:40:55: of like the one woman show and hiring our operations 00:40:55 --> 00:40:58: manager and then my business partner. 00:40:58 --> 00:41:01: The three of us would call each other every single 00:41:01 --> 00:41:03: day at 8:00 AM and we would spend we would 00:41:03 --> 00:41:06: stay on the phone from 8:00 to 8:30 and we 00:41:06 --> 00:41:09: would spend 15 minutes just talking about what we were 00:41:09 --> 00:41:11: feeling and then. 00:41:11 --> 00:41:13: The other 15 minutes on an action plan and just 00:41:13 --> 00:41:17: checking in with others who are aligned in your vision, 00:41:17 --> 00:41:19: you know, because for some for many people they were 00:41:19 --> 00:41:20: home and they weren't working. 00:41:20 --> 00:41:23: And like Felicia said, you know work is a gift. 00:41:23 --> 00:41:25: That was my gift at that time. 00:41:25 --> 00:41:28: It allowed me to continue to do what I'm passionate 00:41:28 --> 00:41:29: about, 00:41:29 --> 00:41:32: but at the same time it also became cursed because 00:41:32 --> 00:41:36: sometimes you tried to just over compensate the work for 00:41:36 --> 00:41:39: the pain and and that's when you know it's sort 00:41:39 --> 00:41:41: of kind of off. That's right, 00:41:41 --> 00:41:45: and it doesn't work, and so really reaching into that 00:41:45 --> 00:41:48: and not deepened our relationship so much. 00:41:48 --> 00:41:50: That now is an organization. 00:41:50 --> 00:41:53: We just are so rooted in. 00:41:53 --> 00:41:54: You know, all three of us are very rooted in 00:41:55 --> 00:41:55: our faith, 00:41:55 --> 00:41:57: and we're rooted in our philanthropy. 00:41:57 --> 00:42:00: And so this brought it just allowed us to pave 00:42:00 --> 00:42:04: a really strong structure to our business and and then 00:42:04 --> 00:42:06: to build on top of that. 00:42:06 --> 00:42:09: And so we always look back and are so grateful 00:42:09 --> 00:42:12: for those times as hard as they were. 00:42:12 --> 00:42:16: We grew together and until this day will call each 00:42:16 --> 00:42:19: other on really tough and call each other out. 00:42:19 --> 00:42:21: On top of things and accountability. 00:42:21 --> 00:42:23: But we do it in a way with grace that

```
00:42:26 --> 00:42:28:
                          We're going to make it through this,
00:42:28 --> 00:42:30:
                          you know here and tell us what you need and
00:42:30 --> 00:42:34:
                          sometimes just telling somebody that you need help as a
00:42:34 --> 00:42:34:
                          woman,
00:42:34 --> 00:42:37:
                          at least for me, it's hard to ask for help.
00:42:37 --> 00:42:40:
                          Not sure why, because my husband has no problem telling
00:42:40 --> 00:42:42:
                          me he needs help with something.
00:42:42 --> 00:42:43:
                          Right? Like can you send this email?
00:42:43 --> 00:42:47:
                          Can you know so I don't know what my problem
00:42:47 --> 00:42:47:
                          is.
00:42:47 --> 00:42:49:
                          I guess you know I just am wired differently,
00:42:49 --> 00:42:52:
                          but it allowed me to ask them for help on
00:42:52 --> 00:42:54:
                          the days that I was just like guys,
00:42:54 --> 00:42:57:
                          I mentally just need you to tell me that this
00:42:57 --> 00:42:58:
                          is OK.
00:42:58 --> 00:43:00:
                          Or you know that we're going to make it through
00:43:01 --> 00:43:03:
                          or that everything is going to be OK and and
00:43:03 --> 00:43:05:
                          having someone that you trust.
00:43:05 --> 00:43:08:
                          Tell you that it is and not someone that you
00:43:08 --> 00:43:08:
                          know.
00:43:08 --> 00:43:13:
                          You're just starting off a relationship with and so that
00:43:13 --> 00:43:16:
                          they are my the people I reach to every single
00:43:16 --> 00:43:17:
                          day now,
00:43:17 --> 00:43:19:
                          and 'cause we're still going through it,
00:43:19 --> 00:43:20:
                          right? This isn't over yet.
00:43:20 --> 00:43:22:
                          We're still. It's still here,
00:43:22 --> 00:43:26:
                          you know. So those that that's been my my packed
00:43:26 --> 00:43:27:
                          right there.
00:43:28 --> 00:43:32:
                          That sounds great, so you talked about sort of the
00:43:32 --> 00:43:38:
                          support and kind of getting centered and and having folks
00:43:38 --> 00:43:43:
                          to to talk with about the business and about accountability.
00:43:43 --> 00:43:45:
                          In addition to the pandemic,
00:43:45 --> 00:43:49:
                          we also experienced quite a bit of social unrest in
00:43:49 --> 00:43:51:
                          the Philadelphia region,
00:43:51 --> 00:43:53:
                          as well as in other parts of the country,
00:43:53 --> 00:44:00:
                          and which kind of. For some you know it.
00:44:00 --> 00:44:04:
                          It led to discussions of social equity.
00:44:04 --> 00:44:11:
                          In larger circles. Felicia. Is this something that?
00:44:11 --> 00:44:16:
                          You addressed in your in your business.
00:44:16 --> 00:44:21:
                          Either directly or indirectly with your with your clients or
00:44:21 --> 00:44:22:
                          your.
```

allows us to say we've been in tough situations.

00:42:23 --> 00:42:26:

00:44:22 --> 00:44:22: Uhm. 00:44:22 --> 00:44:27: I've always been a proponent of equity among everybody, 00:44:27 --> 00:44:32: especially particularly. I have a soft spot for people with 00:44:32 --> 00:44:33: disabilities. 00:44:33 --> 00:44:37: Well also I'm a part of a group of minority 00:44:37 --> 00:44:38: architects. 00:44:38 --> 00:44:40: so we had several discussions. 00:44:40 --> 00:44:43: Sometimes they were a little extra, 00:44:43 --> 00:44:47: but we did have several discussions with one another about 00:44:47 --> 00:44:49: what was going on. 00:44:49 --> 00:44:52: I did not. I don't like to engage with clients 00:44:52 --> 00:44:55: about political or anything that's not business related. 00:44:55 --> 00:44:57: I like to keep everything professional, 00:44:57 --> 00:45:01: so unless you're someone that I've developed a relationship with 00:45:01 --> 00:45:02: as a client, 00:45:02 --> 00:45:04: we didn't get into those discussions, 00:45:04 --> 00:45:07: but uhm, it did shape some of the decisions that 00:45:07 --> 00:45:09: I had to make during that time. 00:45:09 --> 00:45:12: I had to cancel some appointments and come, 00:45:12 --> 00:45:16: and, you know, just shift around what was going on. 00:45:16 --> 00:45:19: I tried not to let that affect my. 00:45:19 --> 00:45:24: State because I was already affected so much emotionally with 00:45:24 --> 00:45:27: what was going on with the pandemic and and just 00:45:28 --> 00:45:28: people. 00:45:28 --> 00:45:29: Just I kid you not. 00:45:29 --> 00:45:32: It seemed like people were just walking out of here. 00:45:32 --> 00:45:36: They were just leaving this earth last year and it 00:45:36 --> 00:45:41: was hard enough dealing with that personally that I could 00:45:42 --> 00:45:45: not take a lot more of of things that were 00:45:45 --> 00:45:48: going on so I had to kind of come. 00:45:48 --> 00:45:53: Again, I'm always a proponent of social equity and always 00:45:53 --> 00:45:54: have been, 00:45:54 --> 00:45:58: but I could not take in anything that was going to set me off right right there, 00:45:58 --> 00:46:00: 00:46:00 --> 00:46:02: if that makes sense. I don't wanna. 00:46:02 --> 00:46:06: It does trivialize it, but you know it it. 00:46:06 --> 00:46:08: I did put out a statement on on on 00:46:08 --> 00:46:12: LinkedIn and just letting everybody know that we are business 00:46:12 --> 00:46:15: that they were looking to help is whatever way we 00:46:15 --> 00:46:18: can. I didn't want to get into a lot of

- 00:46:18 --> 00:46:18: the. 00:46:18 --> 00:46:21: Discussions that were going on at that time, 00:46:21 --> 00:46:22: if that makes sense, 00:46:22 --> 00:46:25: it does. I know in my business I was approached 00:46:25 --> 00:46:26: by everybody. 00:46:26 --> 00:46:30: It seemed like everybody I had ever met was like 00:46:30 --> 00:46:32: let's talk about. 00:46:32 --> 00:46:35: you know, and there was a point where I'm like. 00:46:35 --> 00:46:40: If it. I'm talking about my whole life, right? Exactly exactly up in my business. 00:46:40 --> 00:46:45: 00:46:45 --> 00:46:50: UM, it's we've always. It's always been something that we've 00:46:50 --> 00:46:52: considered and everything we we do. 00:46:52 --> 00:46:55: I think you know as a woman. 00:46:55 --> 00:47:00: As African American, it's just something that I always think 00:47:00 --> 00:47:02: about how who's not here, 00:47:02 --> 00:47:07: who's being left out, we were able to come with 00:47:07 --> 00:47:12: with growth we are able to do a little more 00:47:12 --> 00:47:14: than I've ever done. 00:47:14 --> 00:47:18: Prior, largely because our clients were a little bit more 00:47:18 --> 00:47:20: open to a little bit more diverse. 00:47:20 --> 00:47:24: Uhm, you know to having more diverse consultants, 00:47:24 --> 00:47:28: so we're firm now of 22 people. 00:47:28 --> 00:47:32: And we speak seven languages. 00:47:32 --> 00:47:37: Yeah yeah, so uhm. So something I'm really proud of. 00:47:37 --> 00:47:41: Uhm Shayla is this is. 00:47:41 --> 00:47:45: Was the civil unrest? Was that something that affected your 00:47:45 --> 00:47:48: business or affected the business of your clients? Uhm? Not 00:47:48 --> 00:47:50: so much, but I've also noticed that as far as 00:47:50 --> 00:47:55: 00:47:55 --> 00:47:57: social unrest, 00:47:57 --> 00:48:01: political stuff, my clients said be on the same page. 00:48:01 --> 00:48:03: So like I'll go through their home and I'll see 00:48:03 --> 00:48:04: things like OK, 00:48:04 --> 00:48:06: they're on the same page, 00:48:06 --> 00:48:09: so that's that's interesting, UM. 00:48:11 --> 00:48:15: I mean, again, I think. 00:48:15 --> 00:48:17: I use. I think we use work sometimes to kind 00:48:17 --> 00:48:21: of escape those things which is healthy and unhealthy at 00:48:21 --> 00:48:22: the same time,
- 00:48:21 --> 00:48:22: the same time,
 00:48:22 --> 00:48:24: right? And I had to go back to
 00:48:24 --> 00:48:25: therapy.
- **00:48:25 --> 00:48:26:** I'm a huge proponent of therapy.

00:48:29 --> 00:48:30: everything else to mom like 00:48:30 --> 00:48:31: 00:48:31 --> 00:48:32: Australia was on fire. 00:48:32 --> 00:48:38: Like just everything at the same time and and I, 00:48:38 --> 00:48:40: you know, like police will say I would just like 00:48:40 --> 00:48:40: work work. 00:48:40 --> 00:48:42: work just like not think about it. 00:48:42 --> 00:48:44: But then when you have like a little bit of down time to think about it like I would just 00:48:44 --> 00:48:46: 00:48:46 --> 00:48:47: have a meltdown. 00:48:47 --> 00:48:50: Uhm, so that's something I had to like. 00:48:50 --> 00:48:51: Take care of and talk through it, 00:48:51 --> 00:48:57: uhm? But at work it it doesn't so much come 00:48:57 --> 00:48:57: up, 00:48:57 --> 00:48:59: but you know it's there. 00:48:59 --> 00:49:02: I guess you know it exists and it's the emotional 00:49:02 --> 00:49:05: exhaustion that people are experiencing is very 00:49:05 --> 00:49:06: clear as well. 00:49:07 --> 00:49:10: Yeah, Rafael. Lena was the civil unrest in the region 00:49:10 --> 00:49:14: was did it affect effect you or affect your business 00:49:14 --> 00:49:17: at all or how you approach your work. 00:49:17 --> 00:49:17: So 00:49:17 --> 00:49:20: it's interesting because I was raised my Gran Father came 00:49:20 --> 00:49:22: here from Italy with my dad, 00:49:22 --> 00:49:24: my parents. So we grew up in a very humble 00:49:24 --> 00:49:25: environment. 00:49:25 --> 00:49:29: We, you know as immigrant an immigrant family and my 00:49:29 --> 00:49:30: Gran father. 00:49:30 --> 00:49:32: Tell me stories about when he lived in Brooklyn and 00:49:32 --> 00:49:34: how the Italians were. 00:49:34 --> 00:49:37: You know, things. We were just always taught at a 00:49:37 --> 00:49:39: young age to respect everyone, 00:49:39 --> 00:49:41: regardless of what someone looks like, 00:49:41 --> 00:49:43: regardless of where they come from. 00:49:43 --> 00:49:47: Because we my Gran Father experienced first hand what it 00:49:47 --> 00:49:47: was like, 00:49:47 --> 00:49:49: where there were signs on the door. 00:49:49 --> 00:49:53: That said, no Italians welcome and this was acceptable behavior, 00:49:53 --> 00:49:56: and so I he always said to me, 00:49:56 --> 00:49:58: you know, we live in America.

I did 'cause it was just the pandemic and just

00:48:26 --> 00:48:29:

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00:49:58 --> 00:50:01:
                          You do and respect. Everybody and he told us every
00:50:02 --> 00:50:05:
                          morning when he dropped us off at school like it
00:50:05 --> 00:50:08:
                          was no question and it was it hit me that
00:50:08 --> 00:50:13:
                          there were other individuals that actually ran their life thinking
00:50:13 --> 00:50:15:
                          about how they could,
00:50:15 --> 00:50:18:
                          you know, affect someone else's life or or not.
00:50:18 --> 00:50:21:
                          You know, just this how they looked at others and
00:50:21 --> 00:50:24:
                          how people raise their children and my awareness wasn't so
00:50:24 --> 00:50:26:
                          much in my work but in my home that my
00:50:27 --> 00:50:29:
                          daughter will never see anyone.
00:50:29 --> 00:50:30:
                          That's why I love raising her.
00:50:30 --> 00:50:33:
                          In such a beautifully diverse city is because of the
00:50:34 --> 00:50:36:
                          in the awareness that this is around us,
00:50:36 --> 00:50:40:
                          so it was more of an awareness of having conversations
00:50:40 --> 00:50:43:
                          personally with those that I felt needed to hear the
00:50:43 --> 00:50:47:
                          things that I heard growing up and and really with
00:50:47 --> 00:50:50:
                          many of my clients who had me support organizations that
00:50:50 --> 00:50:52:
                          they felt strongly about.
00:50:52 --> 00:50:55:
                          We donate 10% of every home that we sell.
00:50:55 --> 00:50:57:
                          We donate 10% of it,
00:50:57 --> 00:51:00:
                          and for some of these individuals they ask this,
00:51:00 --> 00:51:04:
                          hey, can you support? Organization that is helping with you
00:51:04 --> 00:51:08:
                          know the civil unrest and things that are happening and
00:51:08 --> 00:51:11:
                          we did and you know it it showing your face
00:51:11 --> 00:51:15:
                          and doing the right thing everyday and and you know
00:51:15 --> 00:51:19:
                          being genuine about it is something that for me is
00:51:19 --> 00:51:23:
                          always been so it didn't shift anything in my heart,
00:51:23 --> 00:51:26:
                          it just made me more aware of what was out
00:51:26 --> 00:51:30:
                          there and I think sometimes we even with very COVID.
00:51:30 --> 00:51:33:
                          What an awareness. Everything was and I think Charlie.
00:51:33 --> 00:51:36:
                          You said it that it almost made you just feel
00:51:36 --> 00:51:39:
                          how where you were and how small this big world
00:51:39 --> 00:51:39:
                          is like.
00:51:39 --> 00:51:43:
                          We're all connected right? And for me it just made
00:51:43 --> 00:51:47:
                          me realize the importance of reflecting God in everything I
00:51:47 --> 00:51:50:
                          do to be a light and to just no matter
00:51:50 --> 00:51:53:
                          who I'm talking to. Just sharing that and I think
00:51:53 --> 00:51:57:
                          it just made me feel even more important to share
00:51:57 --> 00:52:00:
                          love it made more important to you know just be
00:52:00 --> 00:52:03:
                          who I've always been. But I had to magnify it
00:52:03 --> 00:52:04:
                          right?
00:52:04 --> 00:52:06:
                          And so not that I had to.
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00:52:06 --> 00:52:09:
                          I wanted to in in time I wanted.
00:52:09 --> 00:52:12:
                          I wanted to let anyone know who was feeling that
00:52:12 --> 00:52:16:
                          they were unfairly treated that I love them and that
00:52:16 --> 00:52:19:
                          I was there for them and that I may not
00:52:19 --> 00:52:22:
                          understand exactly what you're feeling but that I can be
00:52:23 --> 00:52:25:
                          empathetic and not sympathetic and say,
00:52:25 --> 00:52:27:
                          oh, I'm sorry but empathy.
00:52:27 --> 00:52:31:
                          I wanna know what you're feeling and so.
00:52:31 --> 00:52:32:
                          I think that that's really,
00:52:32 --> 00:52:33:
                          really important.
00:52:34 --> 00:52:37:
                          So thank you, all of you for for sharing your
00:52:38 --> 00:52:38:
                          story.
00:52:38 --> 00:52:42:
                          Sharing your insights. I'd like to go ahead and transition
00:52:42 --> 00:52:42:
                          back,
00:52:42 --> 00:52:43:
                          to, ruminate
00:52:43 --> 00:52:45:
                          to, to
00:52:46 --> 00:52:47:
                          wrap up for the evening.
00:52:48 --> 00:52:49:
                          Great, thank you so much,
00:52:49 --> 00:52:54:
                          Arnell and Schuyler, Evelina, Felicia and thank you all so
00:52:54 --> 00:52:58:
                          much for taking the time today and having these very
00:52:58 --> 00:52:58:
                          open,
00:52:58 --> 00:53:01:
                          meaningful conversations. I really appreciate it.
00:53:01 --> 00:53:04:
                          And thank you all to our viewers for taking this
00:53:04 --> 00:53:08:
                          time to view this important conversation of four impressive
                          leaders.
00:53:08 --> 00:53:11:
                          Thank you to our speakers for sharing their time,
00:53:11 --> 00:53:12:
                          our sponsors for their support,
00:53:12 --> 00:53:16:
                          our Member volunteers and my Co Chair Kim for helping
00:53:16 --> 00:53:18:
                          put this program together today.
00:53:18 --> 00:53:21:
                          We hope you enjoyed. Stories of resiliency and grit.
00:53:21 --> 00:53:23:
                          The rebound of development, design,
00:53:23 --> 00:53:26:
                          and construction through COVID. With that I will close out
00:53:26 --> 00:53:28:
                          the panel and thank you.
00:53:28 --> 00:53:29:
                          Everyone take care.
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